

# SONORA ISD BREAKFAST

## MONDAY

**HAPPY HOLIDAYS**

## TUESDAY

PEANUT BUTTER SAND  
or  
Cereal / Crackers  
100% Fruit Juice  
Fruit  
Milk Variety

## WEDNESDAY

MUFFIN / YOGURT  
or  
Cereal / Crackers  
100% Fruit Juice  
Fruit  
Milk Variety

## THURSDAY

BREAKFAST PIZZA  
or  
Cereal / Crackers  
100% Fruit Juice  
Fruit  
Milk Variety

## FRIDAY

FRENCH TOAST / SAUSAGE  
or  
Cereal / Crackers  
100% Fruit Juice  
Fruit  
Milk Variety

9 PANCAKES / BACON  
or  
Cereal / Crackers  
100% Fruit Juice  
Fruit  
Milk Variety

10 BK BURRITO / HASH BROWN  
or  
Cereal / Crackers  
100% Fruit Juice  
Fruit  
Milk Variety

11 WAFFLE / SAUSAGE  
or  
Cereal / Crackers  
100% Fruit Juice  
Fruit  
Milk Variety

12 STUFFED BAGEL, CHEESESTICK  
PRE-K MUFFIN / YOGURT  
or  
Cereal / Crackers  
100% Fruit Juice  
Fruit  
Milk Variety

13 **NO SCHOOL**

16 BREAKFAST PIZZA  
or  
Cereal / Crackers  
100% Fruit Juice  
Fruit  
Milk Variety

17 FRENCH TOAST / SAUSAGE  
or  
Cereal / Crackers  
100% Fruit Juice  
Fruit  
Milk Variety

18 SAUS, EGG, CHS, BISCUIT  
or  
Cereal / Crackers  
100% Fruit Juice  
Fruit  
Milk Variety

19 PANCAKE WRAP / YOGURT  
or  
Cereal / Crackers  
100% Fruit Juice  
Fruit  
Milk Variety

20 CHEESY TOAST / SAUSAGE  
or  
Cereal / Crackers  
100% Fruit Juice  
Fruit  
Milk Variety

23 CHICKEN & BISCUIT  
or  
Cereal / Crackers  
100% Fruit Juice  
Fruit  
Milk Variety

24 BREAKFAST TAQUITO  
or  
Cereal / Crackers  
100% Fruit Juice  
Fruit  
Milk Variety

25 BREAKFAST PARFAIT  
PRE-K MUFFIN / YOGURT  
or  
Cereal / Crackers  
100% Fruit Juice  
Fruit  
Milk Variety

26 PEANUT BUTTER SAND  
or  
Cereal / Crackers  
100% Fruit Juice  
Fruit  
Milk Variety

27 BK BURRITO / HASH BROWN  
or  
Cereal / Crackers  
100% Fruit Juice  
Fruit  
Milk Variety

30 KOLACHE / YOGURT  
or  
Cereal / Crackers  
100% Fruit Juice  
Fruit  
Milk Variety

31 CHEESE OMELET / TOAST  
or  
Cereal / Crackers  
100% Fruit Juice  
Fruit  
Milk Variety

# JAN

## MENU 2023

GEAR UP FOR  
**GYM**



### ANNOUNCEMENTS



Food and Nutrition Division  
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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